

Stronger teams
Better dynamics
Healthier workplaces
Boosted productivity

All by learning key non-technical skills

Professional Development

non-technical skills offerings

CAREER FORMULA

Craft your dream
career journey in 5
steps

ON PURPOSE

How to identify
professional purpose.
5 steps in 5 minutes.

POPULAR STRENGTHS

Blueprint to build a
strengths-based team
(fast)

FAVORITE CAREER ADVISING

Making the world of
careers clear.
25 yrs expertise in 45
minutes.

REQUESTED EMOTIONAL REGULATION for the WORKPLACE

How to manage big
feelings @ work
(ironically...using AI)

HOMELING

How to find your place
in the world
(literally & figuratively)



Krys@KrysArdayfio.com
(260)786-0520