



IndySHRM Central: The Science of Getting It Right: Voice Alterations for Better Outcomes, Break the Biology of Chronic Lateness, The Truth About Bias and Privilege

The Science of Getting It Right offers science based solutions in three areas of personal and professional growth and development. Engaging and interactive, this mini workshop is the dream professional development sampler for any group wanting to increase team effectiveness, improve communication and productivity, and enhance team dynamic. Uncover tips and tricks to modify how others respond to you – and even how you respond to others.

“Break the Biology of Chronic Lateness”

- How does punctuality impact you and those around you?
- Do you struggle with lateness or does lateness of others impact productivity or just annoy you?
- Learn the biology of lateness, the types of lateness, and what can actually be done about it.

“Voice Alterations for Better Outcomes”

- Discover what your voice might be saying about you.
- Change peoples' perception of you just by learning to make voice alterations.
- Become aware of your perceptions of others, based on their voice quality.

“Bias and Privilege”

- The impact of bias and privilege on how we view and treat others and how we assert ourselves in society.



Krystal Ardolfo is a survivor of a childhood stranger abduction and an armed robbery turned hostage situation during her teen years. Authorities were involved, but Krystal succeeded in escaping both incidents without direct aid from law enforcement.

Using these significant life experiences as well as her extensive career experience, Krystal is passionate about sharing the skills and strategies she has learned about surviving and succeeding.

Those transformational experiences fueled Krystal's desire to understand what factors influence success. A lifetime of wondering, “how do you ‘win’?”, Krystal built a more than 16- year career as an economic development professional, answering just that question. Along the way, Krystal has provided solutions to countless businesses, organizations, and individuals, helping them ‘win’ and exceed their goals through her roles with Boston-based Nuestra Comunidad Development Corporation, the Boston Redevelopment Authority, Indiana University School of Medicine, Metropolitan Indianapolis Central Indiana Area Health Education Center at St. Vincent Health and University of Indianapolis, and through her work with private clients of Success Coach, L.L.C.

Krystal is a published author in a peer-reviewed journal in her field and earned an MBA from University of Indianapolis, a Project Management Certificate from IUPUI, and a Bachelor of Liberal Arts cum laude from Harvard University. In addition to

When

Thursday, April 19, 2018
11:30 AM - 1:30 PM

[Add to Calendar](#)

Where

Sheraton City Centre
31 W. Ohio Street
21st Floor, Panorama Ballroom
Indianapolis, Indiana 46204
USA

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